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I. Background

The experimental realisation of **ultracold atomic mixtures** [1] has revitalised the interest in studying **impurities** immersed in a **quantum medium** [2,3]. In this direction, atomic impurities confined in **optical lattices** [3] have emerged as a rich platform for studying polaron physics. For example, impurities interacting with **bosonic baths** appear to display intriguing features across the **superfluid-to-Mott insulator** (SF-MI) transition [5-7].

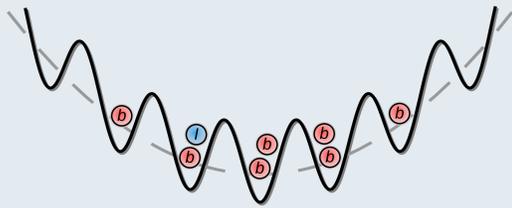


Illustration of the system under consideration. A one-dimensional harmonically confined lattice is loaded with a bath of bosons (red circles) and one mobile impurity (blue hatched circle).

In this work, we study a mobile **impurity** interacting with a **bosonic bath** and immersed in a **one-dimensional harmonically confined optical lattice**. We reveal that the impurity can form a **counterflow** state with the bath for a selected range of interactions.

II. Model

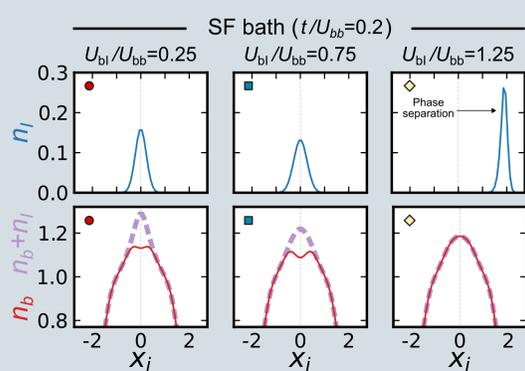
We consider a **two-component Bose-Hubbard Hamiltonian**

$$\hat{H} = -t \sum_{\sigma=b,I} \sum_{i=1}^M (\hat{a}_{i,\sigma}^\dagger \hat{a}_{i+1,\sigma} + \text{h.c.}) + V_{\text{ho}} \sum_{\sigma=b,I} \sum_{i=1}^M (i - i_0)^2 \hat{n}_{i,\sigma} + \frac{U_{bb}}{2} \sum_{\sigma=b,I} \sum_{i=1}^M \hat{n}_{i,\sigma} (\hat{n}_{i,\sigma} - 1) + U_{bI} \sum_{i=1}^M \hat{n}_{i,b} \hat{n}_{i,I},$$

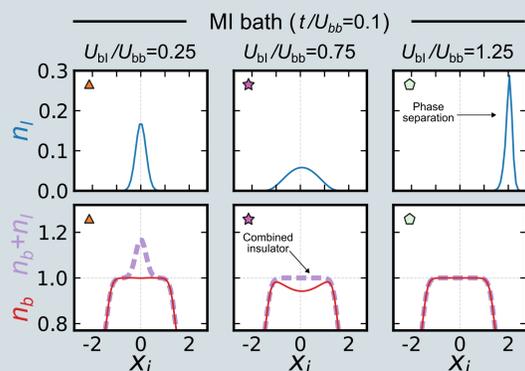
where b and I denote the bath's bosons and impurities, respectively, M is the number of sites, and $i_0 = (M+1)/2$. We perform **DMRG** simulations [8,9] for $M=60$ and $N_b=40$ bosons in the bath.

III. Density profiles

We study the **density profiles** $n_\sigma(i) = \langle \hat{n}_{i,\sigma} \rangle$ of each species.



In an **SF** bath, the impurity localises at the centre of the trap (**miscible**) for $U_{bI} < U_{bb}$, while it **phase-separates** for $U_{bI} > U_{bb}$.

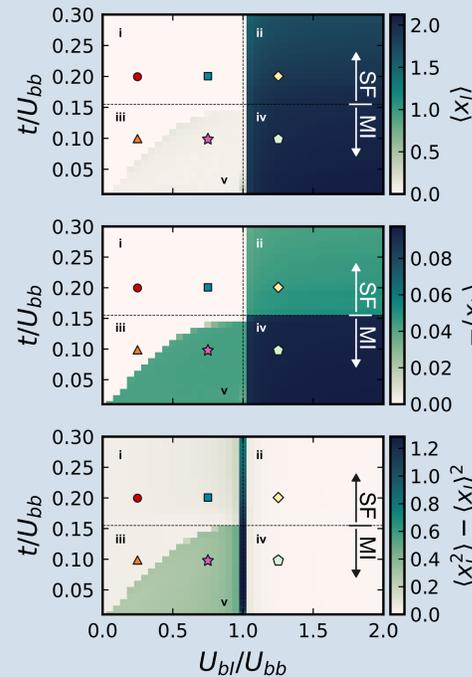


In an **MI** bath, the impurity also localises at the centre of the trap (**miscible**) for small U_{bI} and **phase-separates** for $U_{bI} > U_{bb}$. However, for intermediate U_{bI} , the impurity and bath form a **combined insulator**.

$$x_i = (i - i_0)/\xi, \quad \xi = \sqrt{t/V_{\text{ho}}}.$$

IV. Phase diagram

To compute a phase diagram, we examine the **average position** of each species and the size of the **impurity cloud**,



$$\langle x_\sigma \rangle = \frac{1}{N_\sigma} \sum_{i=1}^M x_i n_\sigma(i), \quad \sigma=b,I$$

$$\langle x_I^2 \rangle = \sum_{i=1}^M x_i^2 n_I(i).$$

The system shows **well-defined phases**.

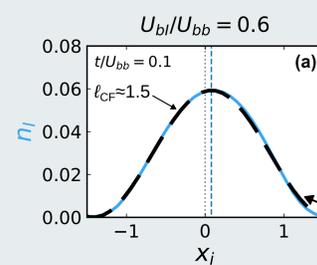
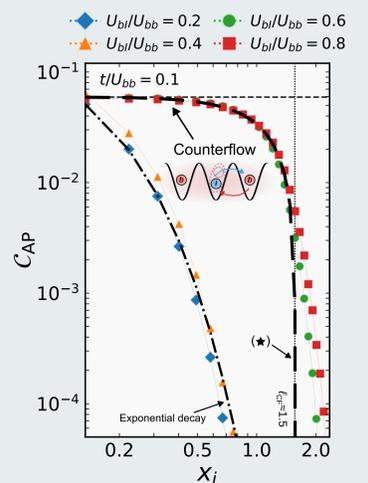
- i: SF + miscible
- ii: SF + phase separation
- iii: MI + miscible
- iv: MI + phase separation
- v: Combined insulator (**counterflow**)

V. Counterflow phase

Region v corresponds to a **counterflow** [10] phase with **anti-pair order** [11],

$$\mathcal{C}_{\text{AP}} = \langle \hat{a}_{b,0} \hat{a}_{I,0}^\dagger \hat{a}_{b,i}^\dagger \hat{a}_{I,i} \rangle.$$

Supercounterflows were **realised experimentally** very recently with **binary Mott insulators** [12]. However, our results show that **counterflows** appear for a **large population imbalance**.



Importantly, the impurity forms this **correlated** state with almost the **whole bath**. Additionally, the **impurity** shows the profile of a **free particle** in a **square well**,

$$n_I^{(\text{CF})}(x_I) = n_i^{(0)} \cos^2(\pi(x_i - \langle x_I \rangle)/l_{\text{CF}}).$$

By using an **impurity-hole** toy model, we can obtain a simple analytical expression for the **correlator**,

$$\mathcal{C}_{\text{AP}}(x_I) = n_i^{(0)} \cos(\pi(x_i - \langle x_I \rangle)/l_{\text{CF}}), \quad (\star)$$

which correctly describes its behaviour in the counterflow regime.

VI. Conclusions and outlook

We have found that an **impurity** can form a correlated **counterflow** state with a **bosonic bath** in one-dimensional optical lattices. This phase shows peculiar features, such as the impurity behaving like a free particle in a square well. Future work will include the consideration of **multiple impurities** and the examination of **dynamics**.

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Acknowledgments

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